Session 1

1. Read James 1:2-3 again. What do you think James means by "count it all joy" when it comes to the suffering in our lives? Practically speaking, what does that look like in our lives?

2. What are "trials of various kinds"? What are some trials you've experienced?

   Bonus Question: What credibility does James lend to making this statement in James 1:2-3?

3. Share a time you experienced suffering that you would choose to go through again because of how God used this season to change your life.

4. During the experience shared in Question 3, were you aware of how God was using the experience as you were going through it, or did you gain this perspective after the fact? What do you think is the typical learning curve on suffering? Why do you think that is?

5. Read 2 Corinthians 1:3-4 again. In what ways has God leveraged the suffering of others in your life? In what ways has God leveraged your suffering in the lives of others?

6. What would it still take for you to count all suffering as joy?